

California Montessori Project

Shingle Springs

Breakfast Menu for 2022-23

Serving Time: 7:45-8:15

All breakfast meals are served with Low Fat 1% White or Nonfat White milk, fresh fruit and 100% fruit juice.



All Students Eat Free!

Daily Breakfast Bar Items

Students may choose from the following entrée items

CHOCOLATE CHIP BeneFIT BAR
CEREAL W/ GRAHAM BEARS
BAGEL W/CREAM CHEESE
CINNAMON CRUMBLE BREAD
BANANA BREAD



ARE YOUR CHILDREN EATING THEIR 5 A DAY?
According to the USDA, poor nutrition, including eating too much fat and sugar, and not eating enough fruits and vegetables affects performance in school. Poor nutrition affects children's energy levels, ability to concentrate and ability to learn. Poor nutrition also leads to increased illness and absenteeism.

Adult Breakfast Price \$3.00

This institution is an equal opportunity provider